# ADHD

### A Short Course for Professionals



With a growing interest and rise in the prevalence of ADHD amongst both children and adults, a wide range of medical, psychology and educational practitioners, as well as organisational leaders, are involved with the management of ADHD. There is a need to update and align the professional community in terms of understanding, diagnosing and managing ADHD.



The writer and presenter of this course is practicing psychiatrist and Stellenbosch Business School Professor Renata Schoeman. Find out more about Professor Renata Schoeman <u>here</u>.

#### Learning Unit 1: Learning Unit 2: Learning Unit 3: **Understanding ADHD Diagnosing & Managing** Living & Working with ADHD ADHD 3 hrs online 1 hr group 5 hrs online 1 hr group 4 hrs online 1 hr group self-study hot topics session self-study hot topics session self-study hot topics session Introduction Lesson 3.1 Lesson 2.1 Living with ADHD Overview of ADHD Diagnosis Lesson 3.2 Lesson 1.1 Lesson 2.2 Working with ADHD Neurobiology Comorbidity Lesson 3.3 Lesson 1.2 Lesson 2.3 **Ethical Considerations** Neuropsychology Management HOT TOPICS VIRTUAL WEBINAR WITH PROFESSOR RENATA SCHOEMAN: 3 HOURS 1 hour in-person or virtual group session 1 hour in-person or virtual group session 1 hour in-person or virtual group session with ADHD expert facilitator, discussing hot with ADHD expert facilitator, discussing hot with ADHD expert facilitator, discussing hot topics related to the learning unit. topics related to the learning unit. topics related to the learning unit.

#### **OVERVIEW: ADHD SHORT COURSE**

#### Continued Professional Development

The course is registered with the HPCSA for 13 general CPD points and 2 ethics CPD points. We do submission to the HPCSA on the learner's behalf. Submission to other professional bodies must be done by the learner, using the certificate of completion document provided.

#### Course Details

Start date	End date	Live webinars
6 May 2024	20 June 2024	21 June 2024
2 August 2024	26 September 2024	27 September 202

### Course fees

R2500 (VAT incl) per person

#### Payment methods

- 1. Pay via EFT. Mail us at courses@renataschoeman.co.za for an invoice
- 2.Pay directly via PayPal (outside South Africa)
- 3. For group bookings and discounts, email us

### **ADHD** Short Course



Find out more about the ADHD short course in this short video.



ADHD Short Course Reviews

#### ADHD Online short course survey results from 26 medical professional learners on the 6 Feb – 5 April intake:

$\star\star\star\star\star\star$	4.8/5
$\star\star\star\star\star$	4.6/5
$\star\star\star\star\star$	4.8/5
$\star\star\star\star\star$	4.6/5
****	4.6/5
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## **ADHD** Short Course



#### ADHD Short Course Reviews

As an educational psychologist, I found this learning platform extremely helpful to distinguish between environmental influences and intrinsic ADHD traits. Working daily with family dynamics, parenting styles and school environments, Professor Schoeman clarified the complexity of the diagnoses of ADHD with its heterogeneity of symptoms in an approachable manner.

The learning content deepened my understanding of both genetic and neurophysiological factors and how it is related to attention and executive disfunction. I found the manner in which she explains the physical brain structure of the ADHD patient, and how it influences learning and information processing, simple to digest. Given the complexity of ADHD, her comprehensive and multi-model assessment approach is extremely accessible. The short quiz at the end of each learning unit further helps to enhance the learning experience.

- Marike Badenhorst, Educational Psychologist

I really enjoyed working through this learning material and found it most helpful. It's well worth the time, effort and money spent for anyone dealing with patients/clients with ADHD.

The functionality of the online learning platform is excellent. It is very easy to work through, to go back to information and follow the steps to the next modules. The learning content is of a very high quality and is presented in a way that makes it easy to understand. The subject is covered very adequately with great references to resources for further reading should one wish to do so. The references and access to questionnaires are most helpful.

- Dr Louise Winterbach, Medical Doctor and Family Physician